

To All,

I am sending you the transcript of the study session we held on to the afternoon of Saturday, March 1st (Japan time).

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## Zoom Study Session — Saturday, April 5, 2025

[Masaharu]

Hello, everyone. Let us begin the Study Session for Saturday, April 5. To begin, I would like to read a poem by Goi Sensei titled “**Earth**”. After reading the poem, we will perform the **Divine Spark IN**, and then I will begin the talk. Thank you.

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### **"Earth"**

*From Hibiki, written by Masahisa Goi*

*For a long time, the Earth has remained silent,  
Watching the immature beings called "human beings"  
Who ran wild freely upon the surface of its skin, called the land.*

*Long ago, at the request of the heavens,  
The Earth took in small orbs of light—fragments of the celestial bodies—  
And together with Heaven, created two living beings:  
The physical man and the physical woman.*

*They gradually increased in number,  
Acting as though they were kings of the Earth,  
Subjugating the fish, birds, and plants that preceded them,  
And eventually fighting amongst themselves,  
Wounding the land and stirring up the seas.*

*Unable to endure their recklessness,  
The Earth would sometimes cry out,  
"It was the heavens and I who created you!"  
In those moments, the winds would rise,  
The ground would tremble fiercely,  
Mountains would crumble, and the seas would rage.*

*Frightened and desperate, they would seek something to cling to.  
Yet through these severe sermons from the Earth,  
Some among them gradually awakened to the truth—  
That they were fragments of celestial light,  
Born of the union of Heaven and the Earth spirit.*

*They began to revere the Earth,  
Calling out to the Divine Parent of Heaven,  
Eventually becoming one with their Source.*

*They shone light upon the world,  
And were called saints, buddhas.*

*But the enlightened ones eventually returned to the heavens,  
And those who remained on Earth  
Were always immature, confused human beings.*

*Enslaved by ego and desire,  
They began to wield weapons of destruction,  
And the Earth could bear no more.*

*It cried out to Heaven,  
"May I not now shake my body mightily,  
And cast these troublesome ones off of me,  
So that we may create a new form of humanity?"*

*The heavens responded,  
"Please wait a little longer.  
We are still sending rescue teams of light,  
And soon, the Great Light of Salvation shall descend."*

*Thus was the sacred conversation between Heaven and Earth,  
And now, the Great Light of Salvation for humanity  
Is descending from the heavens—  
A secret chapter in the divine dialogue between Heaven and Earth.*

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Yes, thank you. As the poem says, the Earth has long since reached its limit. We are living in the 21st century in such a state.

There was a time when it was said that **100,000 Shinjin** were needed. However, the number of people has not grown to that extent—likely only around 10,000 or so. I believe that the number of those who perform the **Divine Spark IN** may be slightly higher, but it is still far from reaching 100,000.

In this situation, the direction in which the Earth Protecting Deities and Cosmic Angels have steered is to raise up the spirits of those who can pray for World Peace in the physical world, Shinjin (Human Beings of God), or those who can form the Divine Spark IN, and give them the power to have a great saving influence.

If 100,000 Shinjin had been available as planned, even if the level of each person was not that high, we would have been able to have a significant positive impact on the Earth. But at present, some people have returned to Heaven, so the number of people who can actually work, pray, or form the IN is only a few thousand.

In these circumstances, we are working in unison with the infinite compassion and creativity under the Cosmic Angels and the deities who protect the Earth who give us great power through our Guardian Spirits and guardian deities.

If you look at the news—on TV, in newspapers, or online—you'll see that major earthquakes and floods are occurring somewhere in the world. And you'll also see that people are still fighting with one another.

Israel and Russia are still not trying to stop attacks on other countries. Even when full-scale wars don't break out, many places are experiencing smaller-scale conflicts, especially over borders. For example, there are tensions between Azerbaijan and Armenia, and in parts of Africa. In Asia, there are also ongoing disputes between Pakistan and India. In various places around the world, people still say, "This land is ours. Give, give, give to us!"

Since the beginning of this year, with Trump once again becoming president, the United States has started imposing extremely high tariffs, prioritizing prosperity for America alone.

For example, when goods are exported from Japan to the U.S., those imports are now taxed at rates of several tens of percent, making foreign products more expensive than domestic ones. This is meant to boost the sales of American-made goods.

According to the U.S. government's reasoning: "If you don't like it, then build your factory here in the U.S., hire American workers, manufacture the goods here, and sell them here."

In response, countries around the world have raised concerns, saying things like, "If this continues, the world will descend into chaos." But the central figures in the U.S. government appear completely deaf to those voices.

If anyone here is involved in the stock market, you're probably feeling quite anxious right now. Instead of prices rising, they're falling... and falling further still.

This anxiety arises because we are viewing the world through the lens of, "I am this physical body." And so we think, "Oh no! Things are getting worse!"

When we see the situation in Myanmar, or hear news about retaliatory tariffs disrupting global trade, or observe efforts to stop ongoing wars, we begin to wonder: "**What will happen to the world?**" That is what happens when we identify ourselves with our physical body.

We think, "Everything is so difficult," "What will become of the world?" "Prices keep rising..." If it were just a few items, that would be one thing, but these days, prices are going up across the board. I don't think there's anyone who hasn't been affected. Even rice has more than doubled in price. And electricity bills have become overwhelmingly expensive.

But again, that's the kind of hardship we perceive when we believe, "*This physical body is me.*"

If, instead, we look at things from the awareness that "*I am not this body,*" that "*my body is a vehicle for life, a vessel, a container,*" and "*my true self is the light of life—I am spirit, I am divine,*" then we can begin to see the deeper meaning behind what is happening in the world today.

For example, in a certain sense, I consider Trump to be a **symbol of hope**. I'm not taking sides, nor am I saying everything he does is right. So, what do I mean by "symbol of hope"?

He is attempting to lead the world toward the conclusion of this current system—a world dominated by monetary supremacy. (He has been given this role and is fulfilling it on a soul level.)

Why is this considered a good thing? I was just speaking with my wife about this. There is a saying: "*The end is the beginning.*"

If you only hear that phrase, it may seem vague or abstract. But think of it this way: when a child finishes sixth grade and graduates from elementary school in March, they begin junior high school the

following April. After three years, they graduate again, and begin high school. (In the case of Japan)

Human life is much the same. After living for 80, 90, or 100 years, we are called to return to the other world—and from there, a new life begins. So if we focus only on “the end of the current world,” we may fall into despair.

But thankfully, we have been taught the *Prayer for World Peace* by **Goi-sensei**, and after that, we were given many sacred INs, including the **Divine Spark IN**, said to be the ultimate trump card.

For those of us who live with love for humanity in our hearts, the “end of the world as we know it” is not the moment everything ends.

It is a turning point—a shift toward the birth of a new divine civilization. Let's reflect on this calmly. Do you truly believe the current state of the world can continue unchanged and transform into a divine world? I don't think so—no matter how you look at it.

What is coming is not continuation, but **transformation**. The present world will come to an end, and in its place, a new era of divine civilization will begin. **Goi-sensei** was already teaching us so in the 1950s.

I wonder—do you all remember his two great prophecies?

#### **The first:**

“The CWLP will definitely be completed and made available for use on Earth.”

#### **The second:**

“The materialization of the Deities of heaven and Cosmic Angels. This will surely happen.”

Goi-sensei also said: “I truly dislike making predictions, but I'll tell you these two—because if they don't come true, there will be no peace on Earth.”

For decades, we have practiced the “*Think as disappearing it and Prayer for the World Peace*.” And alongside it, many other sacred practices.

Let us now take a moment to look back—to remember everything we've done so far, as clearly as we can.

### **Historical Timeline (Corrected)**

- **1955** → Byakko Shinko Kai is established, marking the beginning of the “World Peace Movement through Prayer.”
- **1962** → The Cosmic Wave Life Physics Goi Institute is founded, beginning efforts to bring the science of Venus to Earth.
- **1955–1980** → Practice of “Dissolving Appearances through the Prayer for World Peace.”
- **1976** → The Peace Pole Project begins.
- **1981** → “Prayers for the Peace of Each Country” are added.
- **Late 1980s (exact year unknown)** → Recitation of the *Book of Truth* begins.

- **1992** → The “Thorough Practice of Bright Thought” and “Gratitude to Nature”—rituals that do not use IN—begin.
  - **1994** → The Divinity IN for the Self (IN of Ware Soku Kami Nari) begins.
  - **1996** → The Divinity IN for Humanity (IN of Jinrui Soku Kami Nari) begins.
  - **1997** → Prayer rituals using IN for the peace of each country begin.
  - **1999** → The Pyramid Shinto Rituals, Earth World Gratitude Mandala, Light Thought Mandala, and Shinjin Training Project begin.
  - **2001** → IN of the “Gratitude to Nature” and IN of the “Light Thought” begins.
  - **2003** → Peaceful Breathing practice begin.
  - **2006** → The Divinity IN for Humanity breathing method begin.
  - **2010** → The new Pyramid Rituals begin.
  - **2011** → Introduction of the prayer phrase:  
**“All is perfect and complete. Nothing is lacking. Perfectly accomplished. Dai-Jouju.”**
  - **2017** → The Divine Spark IN (originally called the Divine Spark Awakening IN) begin.
  - **2018** → Our Zoom Prayer Meetings begin.
  - **2020** → The Video Prayer Gatherings (Hakko Shinkokai) begin.
  - **2023** → Our Zoom Prayer Meeting’s Study Sessions begin.
  - **Present** → Continuing.
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## Annual Rituals (Held Yearly)

- **2004** → Chanting of “Breathing Method” at fixed times: 7:00, 14:00, and 21:00.
- **2005–2006** → Continued chanting of “I am God,” “Fulfillment,” and “Humanity is God” with the breathing method at the same times.
- **2007** → “Creating a Shared Magnetic Field of Truth” — each participant writes down their realization of truth in a notebook.
- **2008** → “Breathing with Declaration” — upon waking, 1 set of 7 breaths, 3 or 5 repetitions per session, as often as desired daily.
- **2009** → Practice of refraining from speaking any negative words.
- **2010** → Two Go-shinji
  - ① Before speaking, pause and be mindful of the awareness: **“I, who am God, am speaking to humanity, who is also God.”**
  - ② Morning practice of “Breathing with Declaration” (one set):
- **2011** → While resonating with the ultimate truth “Everything is Great Fulfillment,” imprint that consciousness onto the universe.
- **2012** → Representing all humanity, imprint the **True Word** into the heavens each day:
  - ① Recite the full **Prayer Word** once.
  - ② Then repeat the line: **“Everything will surely be fine. Absolutely fine. Dai-Jouju.”** 100 times per session.
  - ③ Also write the **Mandala of the Prayer Word** with reverence.

- **2013** → Chanting the declaration “Humanity is God,” consciously performing divine acts, unconsciously manifesting the Divine.
  - **2014** → [No record]
  - **2015** → Breathing Practice:
    - **A. Sustaining Members:**
      - ① 35 consecutive exhalations
      - ② “Stage Zero” breathing (7 sec inhale, 7 sec hold, 7 sec exhale) × 3 sets
    - **B. Instructors:**
      - ① 49 consecutive exhalations
      - ② “Stage One” breathing (7 sec inhale, 28 sec hold, 14 sec exhale) × 3 sets
  - **2016** → Creating a Field of Light on Earth with the energy of the Universal God (until the day before the SOPP in May)
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In this way, we continued

various efforts until around 2015 or 2016. Then, just as I was wondering whether any rituals would be given that year, the **Divine Spark IN**, known as the ultimate IN, was brought down on **July 2, 2017**.

With the descent of this IN from the world of reawakened divinity, the long-standing “**Event for Bringing Down the Universal Ultimate Light**”, which had been held five or six times a year at **Fuji Sanctuary** for about 20 years, came to an end. This meant that each of us had become able to bring down the Universal God’s light through the Divine Spark IN—without relying on the assistance or guidance of **Masami-sensei**.

In 2020, with the disruptions caused by the coronavirus, our activities were restricted, and the scheduled events at Fuji Sanctuary were cancelled.

From that time on, we were reminded with this message: “Please consider your home, the place where you live, and the place where you work as the Fuji Sanctuary.”

Even if we could no longer physically gather at Fuji Sanctuary, we were encouraged to live with the awareness that the place where we offer our prayers is itself Fuji Sanctuary. Since then, we have tried to live in accordance with that spirit.

This gives a rough overview of what we have practiced since Byakko was founded in 1955. (This does not include rituals conducted exclusively for instructors or researchers.)

If you take time to reflect on these developments, you will come to understand what kind of person **Goi-sensei** hoped each of us would become.

This message is found throughout his sermons, talks, and writings. It can be expressed as: “To become a person who lives with God’s heart as their own.”

In the past, Byakko’s activities were referred to as the “**World Peace Movement through Prayer**.” At that time, Goi-sensei said: “***This movement is a true peace movement that will lead the Earth to***

***genuine harmony. It is carried out through the collaboration of the Deities of the Divine World, the Cosmic Angels, and those who, while in physical form, have remembered that they are God's children."***

We are now entering the final phase of this long spiritual journey. A number of souls who supported this work have already returned to the heavens. But we, who are alive right now, are able to witness with our own eyes the time when the Earth truly begins to change.

I believe we were born in a truly blessed time. But that also means we have a role to play: to stand strong as witnesses to the end of the world as we've known it.

We must not waver in our hearts. We must not be anxious or afraid. We must not falter. No matter what we see or hear, no matter what happens around us, we must hold firm to our belief in this truth:

**"All is perfect and complete. Nothing is lacking. Perfectly accomplished. Dai-Jouju."**

To embody this is to cultivate our true self. We are living each moment of our lives for this purpose.

Everyone has their own way of practicing. Some continually recite **"Ware soku Kami nari, Ware soku Kami nari, Ware soku Kami nari."** Others offer the prayer **"May Peace Prevail on Earth, May Peace Prevail on Earth"** throughout the day.

Some walk in rhythm to the words: **"All is perfect and complete. Nothing is lacking. Perfectly accomplished. Dai-Jouju."**

There are also those who constantly turn their hearts to their **Guardian Spirits**, saying: **"Thank you, Guardian Spirits. Thank you, Guardian Spirits..."** repeatedly—unceasingly.

Like that, there are many ways to put it into practice.

We are all now entering the final stage of becoming one with the divinity of the Source of Life.

For the past year or two, I have been saying that now is the time—  
the time when everyone becomes one with God,  
the time when everyone attains enlightenment,  
the time when everyone becomes empty,  
the time when everyone becomes like **Buddha** or **Jesus Christ**.

**Goi-sensei** has been guiding us with an awareness of this very era.

So if your heart is still irritated in 2025,  
if you find yourself disturbed by someone else's actions,  
if you feel jealousy or judgement rising up,  
if you think 'that person is wrong',  
then the problem is not in other people or the outside world, it is with something unresolved within us.

There's an interesting story that relates to this, and I'll share it after the break.

It's now just about 1:42 PM, so let's take a short break. We'll start again at 1:52 PM. I've set up screen sharing, so please feel free to turn off your video or take care of anything you need during this 10-minute

break.

### <10-minute break>

Yes, it's now 13:52, so let's continue. First, the story from earlier.

I would like to share a reflection on how changing the way we view and think about the people and occurrences around us can completely transform our perception of the world outside.

I told you before about **Shogen-san**, a Japanese painter who has been working to revive the spirit of the Jomon era. It may have been last year or the year before. Recently, he shared a story on YouTube that he hadn't shared publicly before—either in talks nor in writing.

At that time, he was living under a great deal of pressure, striving to become a better painter and constantly thinking, “I need to paint something great, something truly good.”

One day, the village chief came to him and said, “***Shogen, from now on, you'll be in charge of looking after the one who can stop time.***”

This “time-stopper” was a boy—one who could not feel satisfied unless he kept throwing stones. He threw them at people, houses, trees—at anything in sight.

Shogen-san was asked to keep the boy from doing anything dangerous, and so he began spending time with him. He observed that the boy would throw stones endlessly, as if he had no sense of fatigue or boredom.

Thinking it would help, Shogen-san decided to take the boy to a place where there were no people, where he could throw stones freely. He even helped the boy by gathering stones and placing them at his feet—over and over—letting the boy continue until he grew tired of it.

I don't know how many days this went on, but eventually, the boy simply stopped throwing stones, as if he had finally had enough.

Yuko-san, could you continue from here without turning on this camera?

### **【Yuko-san】**

Although I've seen the video before, my memory of it is a little vague. The “person who stops time” refers, in our modern context, to a child with a disability—perhaps someone with attention deficit hyperactivity disorder—or someone whose behavior tends to make others think, “This is difficult,” or “What a problem.”

But through Shogen-san's sincere effort—gathering stones for the child and spending time with him—I believe the child was able to feel truly seen and understood. He was satisfied and calmed.

The village chief had observed that Shogen-san had become too caught up in his own desires—wanting to sell more, to paint more—and had forgotten how to create from a place of joy and purity. That's why the chief asked him to care for the boy. In doing so, the boy helped to “stop the clock” in Shogen-san's heart. Through their daily interactions, Shogen-san came to realize just how far he had strayed from his true intention.



He was given the time and space to pause and reflect inwardly. Later, when he asked the chief if he could continue looking after the boy, the chief replied, “No, you’ve already understood. You’ve gained something important. Your role with this child is now complete. There are others who also need to be cared for by him—it’s their turn now.”

That was the story.

### 【Masaharu】

Thank you. As we reflect on this story and apply it to our lives in 2025, we begin to see something profound. The people around us - those we feel like criticising, judging or correcting - are actually serving as mirrors, giving us the opportunity to look more deeply into our own hearts. They help us to see that the seeds of negativity we perceive in others often come from within ourselves.

In that sense, someone who disturbs your emotions might be your own “person who stops time.” That’s what I felt after hearing Yuko-san’s story and watching Shogen-san’s video.

Now, I’d like to shift to a completely different story.

There’s a man named Terushige Inoue in Aichi Prefecture who was one of the CWLP researchers, the researcher to study cosmic wave particle science. He heard Masami-sensei’s talk at a meeting, probably in the 1990s, at a meeting of the first year CWLP seminar students at Seigaoka Dojo. All the original students and senior members were there that day. Masami-sensei also appeared, and perhaps because everyone was together - or perhaps for some other reason - she was in a particularly cheerful and radiant mood.

She said warmly, **“Please ask me anything.”** Everyone excitedly raised their hands and asked all sorts of questions.

When it was Inoue-san’s turn, he asked: **“Masami-sensei, Goi-sensei used to describe different realms—the physical world, the astral world, the spiritual world, and the divine world. But I’ve noticed that you often speak in terms of the third, fourth, and fifth dimensions. Are these completely different concepts, or are they pointing to the same thing?”**

When I first heard about this exchange, I had the feeling that I understood... but also that I didn’t quite. I wondered how Masami-sensei had responded.

First, she turned to Vice President Takahashi, who was nearby, and said, “Takahashi-san, could you answer?” Takahashi-san, being a very honest man, simply replied, “I don’t know.”

Then she turned to President Seki and said, “Seki-san, what about you?” He, with his characteristic sense of humor, placed a hand on his throat and said, “It’s right here... I can feel it... but I just can’t find the words.”

When I heard this, it reminded me of a story from Goi-sensei’s book *What Connects Heaven and Earth*. It described a moment when he was nearing oneness with God and engaged in a dialogue with his Guardian Deities. When Goi-sensei replied to a question with “I don’t understand,” the Guardian Deities said, “It’s not that you don’t understand. It’s just that the words cannot come through your physical body. Your True Self already knows.”

I thought, “Ah, Seki-san was alluding to that moment—perhaps even paying homage to it.” I smiled to myself.

After this lighthearted moment, Masami-sensei began to explain: ***“You’re trying to understand everything with your head. That’s the problem. These things must be felt, not thought through.”***

Of course, just saying “feel it” is not always helpful. We ask questions precisely because we cannot yet feel it. But she continued with a deeper explanation: ***“The terms ‘physical world,’ ‘astral world,’ ‘spiritual world,’ and ‘divine world’ refer to levels of human consciousness and spiritual awareness. In contrast, the terms ‘3D,’ ‘4D,’ ‘5D,’ ‘6D,’ and ‘7D’ refer not just to human states of being, but to the vibrational states of all life, all of nature, and the Earth itself.”***

Although she didn’t use exactly those words, I believe she was describing different planes of resonance—of frequency or dimensional vibration.

We are often told, “Don’t try to understand it with your head—feel it.” But still, out of habit, we try to process everything intellectually.

Everyday life is a chain of decisions. Even something as simple as wondering what to make for dinner at 4 or 5 p.m. is part of that chain. And on the other side of that spectrum, we also make choices that can determine the course of entire businesses or lives.

But if we remember our true nature—that we are each a spark of the Divine, and that we are constantly protected by our Guardian Spirits and Guardian Deities—we will find that even if we cannot see or hear them, they are guiding us in those very moments of decision.

Yes, thank you. When we apply this story to our lives in 2025, we may find that the people around us—those we feel compelled to criticize, blame, or judge—are actually offering us opportunities to reflect on our own thoughts and feelings. By shifting our perspective, we begin to recognize that the seeds of negativity we see in others often lie within ourselves.

In that sense, someone who unsettles your emotions may in fact be your own “person who stops time.” That’s how I felt after hearing Yuko-san’s story about Shogen-san and watching his video.

Now, I’d like to completely shift topics.

There’s a man named Terushige Inoue who was one of the earliest students of Cosmic Wave Particle Science in Aichi Prefecture. I heard him share this story at a gathering—perhaps in the 1990s, during a seminar at Hijiri-ga-oka Dojo, where all the first-year students and senior members were assembled. On that day, Masami-sensei appeared, and whether it was because of the group’s energy or for another reason, she was in an especially joyful mood.

She warmly encouraged everyone: “Feel free to ask anything.” Many raised their hands and asked questions. When it was Inoue-san’s turn, he asked: ***“Masami-sensei, Goi-sensei used to speak of the physical world, astral world, spiritual world, and divine world. But I’ve noticed that you often refer to the third, fourth, and fifth dimensions. Are those completely different ideas, or do they describe the same thing from different perspectives?”***

When I heard this, I felt as if I both understood and didn't understand. I wondered how Masami-sensei would respond.

She first turned to Vice President Takahashi, who was nearby, and asked him to reply. As an honest man, he simply said, "I don't know."

Masami-sensei looked at President Seki and said, "Seki-san, you answer". SEKI-san, with his characteristic sense of humor, put his hand on his throat and said, "It's right here... I can feel it... but I can't quite find the words.

Hearing that, I immediately thought of a passage in Goi-sensei's book *What Connects Heaven and Earth*.

It describes a moment when he was approaching unity with God and had a one-on-one dialogue with his Guardian Deities. When Goi-sensei replied to a question with, "I don't understand," his Guardian Deities said, "It's not that you don't understand—it's simply that the words can't yet come through your physical body. Your True Self already knows."

I couldn't help but smile. It felt like Seki-san was honoring that moment—perhaps even paying homage to it.

After the laughter settled, Masami-sensei began her explanation. "The problem," she said, "is that you're trying to understand everything with your head. This is not something to think—it's something to feel."

But of course, "just feel it" is easier said than done. We ask questions precisely because we don't yet feel it. So she elaborated:

"The terms 'physical world,' 'astral world,' 'spiritual world,' and 'divine world' refer to levels of human consciousness and spiritual development. Meanwhile, the terms '3D,' '4D,' '5D,' '6D,' and '7D' are broader—they describe modes of being for all of creation: humans, nature, and all living things."

Although she didn't say it explicitly, I took this to mean she was describing different levels of vibrational reality—the harmonic structure of the cosmos itself.

Like Seki-san, I'd felt a kind of blockage in my throat as I listened. But when I heard this, it cleared up. Even when we're told, "Don't think—feel," our habits often pull us back into the intellect.

Daily life, after all, is a series of choices. From minor questions like "What should I make for dinner?" to major decisions that could alter the course of a company, we're constantly choosing.

But if we live with the awareness that we are divine beings, that we are protected and guided by our Guardian Spirits and Guardian Deities, then even if we cannot see or hear them, we know they are present with us as we act and decide.

Most of the time, we're unaware of their help. But now and then, we suddenly feel it—"Ah, I was just protected, wasn't I?"

We are always living with our Guardian Spirits, whether we realize it or not. And if we remain centered in that connection, then no matter how much the world changes, we will not be shaken. We will see and

experience things that were once unthinkable—but from that place of inner stillness, we will not feel anxiety.

I believe more than half—perhaps even two-thirds—of you here are not afraid of death. In fact, many of you likely live with the sense that “whenever the time comes, I am ready.”

When we are firmly connected with our Guardian Spirits and Guardian Deities, the emotions that once fluctuated wildly—joy, sorrow, fear, frustration—no longer control us. Why? Because behind all movements in the world, we feel the divine hands.

It is through that quiet guidance that we begin to see nothing in this world is without purpose. No one is living without meaning. Our Guardian Spirits slowly but surely shift the way we see and think—even if we’re not consciously aware of it.

When we live in a physical body, we often hope for dramatic spiritual breakthroughs—sudden enlightenment, visions, or miracles.

We think, “If only I could see my Guardian Deities,” or “If only Cosmic Beings would appear before me and invite me aboard a flying saucer.” And yet, without visible or audible signs, these beings are guiding us from deep within our hearts.

They have assured me, again and again: “We are working from within you.”

When you set aside your ego and become a vessel for these higher beings—Deities and Divine Angels—you may find yourself doing things you never thought possible with just your physical body.

This transformation is gradual. It comes from living in deep gratitude, from allowing Divine Light to permeate your life, and from engaging in practices like forming the Divine Spark IN, which brings the light of the Universal God into this world and shares it with all beings.

Let’s now form the Divine Spark IN seven times together. If you have difficulty standing or moving, please do this while sitting.

### **<Divine Spark IN performed seven times in a row>**

Yes, thank you. Recently, I’ve come to feel deeply that the words “*All is perfect and complete. Nothing is lacking. Perfectly accomplished. Dai-Jouju.*” carry tremendous power and light.

Even if you don’t fully understand the meaning, just by repeating these words—like chanting “*Namu Amida Butsu, Namu Amida Butsu*”—you allow your Guardian Spirits to work from behind the scenes. They gently peel away the stuck memories and impressions buried deep in the folds of your mind—residues that cling to the brain of the Physical Body. In their place, they infuse you with an infinite heart of love, harmony, forgiveness, wisdom, creativity—truly, with all the qualities of the Infinite. It’s like undergoing spiritual brain surgery, performed silently and invisibly.

This process takes place beyond what the eye can see, so there’s no need to try and analyze it. But when the resonance of those sacred words—“*All is perfect and complete. Nothing is lacking. Perfectly accomplished. Dai-Jouju.*”—settles into your consciousness as something natural, you stop seeing bad people or negative things in the world.

You begin to recognize the divinity even in those whom others may label as “evil.” Without realizing it, you yourself are transformed. And that, I believe, is something to be deeply grateful for.

Even without engaging in any difficult training, just by letting these words vibrate through your voice and soak into your heart and body day by day, your awareness naturally begins to shift. Some of you may already have experienced this.

Recently, I’ve heard of people who, after wholeheartedly caring for their loved ones and seeing them off to the next world, enter into a profound state of gratitude—saying, *“I can’t express how thankful I am.”* That, too, is a kind of enlightenment.

Everyone finds their own way toward awakening and oneness with the Divine. There’s no fixed course. I love hearing about the experiences of others.

I’m still walking the path myself—I don’t have all the answers. But by listening to stories from others, stories I’ve never experienced myself, I find they mix with my own and help me grow.

So please, share your stories. Even if we’ve never spoken before, I’d love it if you reached out. Ideally, you could share them in front of others—but if that feels too difficult, a private conversation is more than welcome. It would truly bring me joy to hear what you’ve experienced.

I believe that in the future, we will be interacting with people from all over the world.

You may be thinking, *“That sounds nice, but I don’t speak English... or Italian, Spanish, French, or German.”* But I truly believe that the age of telepathy is near.

When that time comes, language will no longer be a barrier. Not everyone may use it all at once but just like with mobile phones—when they first appeared, only a few people had them. Those drawn to new things began using them, and before long, conversations flowed naturally.

It’ll be the same with telepathy. If just one person can use it, a dialogue can occur—even without speaking.

Also, even though it might be one-way at first, you’ll be able to transmit thoughts to many people through telepathy. For instance, you could speak in Japanese to someone from an English-speaking country, and they would understand the message in English.

I believe this era is very close. And whether it arrives sooner or later depends on how we, who are alive right now, choose to live—moment by moment, breathe by breath.

That’s why how each of us lives, and how each of us prays for World Peace, is so important.

I often talk about this with KOGA-san. He lives alone now, doesn’t he? He just celebrated his 76th birthday. Happy birthday!

You’re like half of me, KOGA-san—you’ve helped me in so many ways. That’s probably why I talk to you the most. So KOGA-san, would you mind sharing with everyone what we usually talk about?

### **【KOGA-san】**

Even if you say “always,” SAITO-san talks about a wide range of things. What he’s been emphasizing to

me lately is the importance of “gratitude to the Guardian Spirits.” I can do it for 5 or 10 minutes, but what SAITO-san is asking is whether I can continue it throughout the entire day—not just occasionally. Repeating, “Thank you, Guardian Spirits. Thank you, Guardian Spirits.” That’s the challenge he’s posed to me.

### 【Masaharu】

Yes, thank you. If she weren’t talking with someone on the phone, KOGA-san’s daily life would be fairly solitary, as there’s no one physical around her to converse with. People living in a lively environment might assume, “She must be lonely,” but for KOGA-san, this solitude is actually a time of comfort. I often remind her, “What you do with your time alone is important.”

When we say things like “Let’s all gather and pray” or “Let’s all perform the IN together,” everyone is able to do it well. When we gather on Zoom like this, we all present ourselves with composure. When someone says, “Let’s perform the IN,” everyone can do it together. When it’s time to pray, we all can pray together properly.

But that’s possible because the power of everyone’s Guardian Spirits and Guardian Deities is coming together. The real test is whether we can do it when we’re alone. That’s when the true strength of our soul is revealed.

When we’re in a group, we’re supported by the energy of many Guardian Spirits and Deities. It’s easier to act in alignment with God’s will—through thoughts, words, and deeds. But when it’s just you and your Guardian Spirits, if you’re stuck in the idea that you are only your physical body, their power won’t manifest through you. However, if you pray daily with the awareness that “I am one with my Guardian Spirits,” their power will start to shine through your actions.

That’s why I recommend praying to your Guardian Spirits throughout the day. The words “Thank you, Guardian Spirits” carry a vibration—*arigatou gozaimasu*—that acts like a mantra connecting you to them. It’s a sacred spell that draws you into oneness.

When we let those words pass through our vocal cords, we instinctively unite ourselves with the object of our gratitude—even if we’re not consciously aware of it. Whether you realize it or not doesn’t matter. Just keep saying it. “Thank you, thank you.” You will change.

There are many ways to express gratitude—it doesn’t have to be only “Thank you, Guardian Spirits.” Do what feels right to you. But if nothing comes to mind, simply follow Goi-sensei’s example and say, “Thank you, God. Thank you, God. Thank you, God.”

To put it concretely, our first step is to become one with our Guardian Spirits.

Because our Guardian Spirits and Guardian Deities are inherently connected, once we unite with our Guardian Spirits—who are the closest divine beings to us—we naturally become connected to our Guardian Deities as well.

When we pray for World Peace, we say, “Thank you, Guardian Deities,” but in daily life, I believe we should focus our attention more on our Guardian Spirits—as the most immediate spiritual companions.

Even if you talk to them, they usually won’t reply. Sometimes, someone might feel a word come through,

but that's rare. Still, if you keep saying "Thank you, thank you, thank you," it becomes easier for them to help you.

Imagine yourself in their shoes: You're watching over someone from heaven. That person can't see you or hear you, yet they're turning their heart to you, whispering sincere thanks again and again. Wouldn't you want to support that person even more?

In this same way, by thinking from their perspective, wisdom that our human minds couldn't conceive begins to appear. Inspiration to solve problems arises, illnesses heal, and many inner transformations occur. Life becomes easier to navigate.

That's why it's so important that each of us becomes one with our Guardian Spirits and Guardian Deities—and lives with a sincere awareness of the divinity in every person. Not as a mere wish, but as a living truth: *Everyone is a child of God. Everyone is a manifestation of God. Everyone lives with divinity. Everyone holds a spark of the Divine.*

So we must not be pessimistic about the future. The Cosmic Wave Life Physics (CWLP) will definitely be completed, and the materialization of Deities will surely occur. Just as Venus transitioned into a peaceful world, the Earth will also begin walking the path of true harmony.

Our prayers and our Divine Spark IN are our way of presenting the Earth with the ultimate trump card—the realization of CWLP and the materialization of divine beings.

The standard for reaching this lies in dimensional. There was a time when Masami-sensei would report the vibration of Fuji Sanctuary rising from 3.35D to 3.5D to 3.78D. Now it is said to be in the 4D range.

I believe the materialization of Cosmic Beings and Deities will happen when both the material and spiritual vibrations of Earth accelerate and become refined to the point that we enter the 5th dimensional vibratory field.

Of course, if it happens in the 4th dimension, that would still be honor. Either way, what matters most is that each one of us continues refining and elevating ourselves.

In the declaration "*Ware-soku-Kami-nari*," it is said: "*When others see me, they are only able to feel that they have seen God.*" But I like to think of it the other way around.

If you look at yourself and don't believe you are divine, others won't either.

So, our task is not to impress others with our divinity, but to recognize it within ourselves first. As a result, others then see the divine in us too.

We're already changing. Many of you here are seen as angels by the people around you. In that sense, this gathering feels like an assembly of Divine Angels.

I hope that we can continue to raise our collective consciousness and move ever closer to the Divine World.

It's now 14:45. I think it's a good place to close. I'll unmute everyone's microphones now.

Thank you so much for your presence today.

End