

## Saturday, January 4, 2025, 1:00 pm to 2:40 pm Study Session

\*On this day's first half, before the break, we held a public rehearsal of the new 'Prayer to Seven Countries' program that will begin this year.

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Now it is after 1:55, so let's get started. Today's topic is "Becoming Accustomed to the Consciousness of a New Era. When I thought about this, what came out of the depths of my life was the importance of unification with the source of our life, which we call "Universal God" in Byakko.

If you trace (our life) back to the Source of Life, back and back and back, you will arrive at the consciousness at the center of the universe. This consciousness at the center of the universe is at the center of this great universe, which is studded with countless stars.

Like our solar system, there is a galaxy with a central star and planets revolving around it. From the galaxy at the center of the universe, there are expanding galaxies of children, grandchildren, and so on.

The space we call the universe is so vast that we don't know how big it is. There are so many stars that it is impossible for human beings to comprehend.

There is a consciousness that created this universe. If you trace the history of the universe, in the beginning there was no space. When there was no space, what was there? There was only consciousness at the center of the universe.

This is also written in God and Man. It says that the Universal God Consciousness suddenly shone its light at a certain time.

In the ancient Shinto tradition of Japan, this is expressed in a diagram called "maru-chon." It is expressed as a picture of a point in a circle.

In the story of the sound soul, this is not the sound of vowel voiceless "s" (as in "sa, shi, su, se, so"), but the sound of the consonant "s" alone. Starting from the point where this voiceless "s" sound is generated, it continues as "Sssssuuuuuuuuuuuu" and finally becomes the sound soul of "U".

After that, the vowels "u, o, a, e, i" or "u, e, a, o, i" (I don't know the order) spread out, and the universe expanded, and various things like fixed stars and planets came into being.

From the perspective of the stars that appear, a fixed star was created in the center of the universe, and that fixed star gave birth to planets, and those planets began to orbit around the fixed star, and a single galaxy was created.

On each planet, elements such as water, land, air, and fire were created, and eventually life was born. On Earth, this life began with something like an amoeba, then creatures were born in the water, and some of these creatures moved to the land to become land creatures, while some of these creatures developed wings and became animals that could fly in the sky.

It is written in God and Man that the Universal God Consciousness created the universe in this way. The Universal God divided Himself into the one who sees and the one who is seen in order to enjoy Himself.

Although I have gone on at length, when we experience the Divine Awakening, we become able to recognize both the consciousness that sees from within and the consciousness of the physical body that is being seen at the same time.

However, until the dimension of this world enters the realm of spiritual vibration, there are times when you forget that you are observing yourself from within, and you become absorbed in your physical body.

I think you are probably already living in such a state of consciousness. I think you are living with both a self that is observing your physical body from an objective, bird's eye view, and a self that is in your physical body and lives thinking that your body is you.

As you gradually become accustomed to this state, you will be able to recognize both sides of yourself at all times.

The self that is observing is observing this physical body and the surface consciousness from the depths of the depths of life. This is only possible because we have the consciousness.

When the self that watches from deep within becomes the norm, without you even realizing it, the guardian spirit consciousness and the guardian deities consciousness will overlap with your surface consciousness and become one, and the thoughts of the guardian spirits will become equal to our thoughts, and the thoughts of the guardian deities will become equal to our thoughts.

There are people who have already achieved that. Among the people I associate with, there are some who have already attained it.

Whether they know it or not is another matter. Even if I think to myself, "This person is living with her inner self revealed," they might not think so.

From now on we will all be in a state of consciousness where the person who is looking and the person who is being looked at exist at the same time.

To make this our own, I remember that this program called "A Day Interconnected by Divinity" began around the beginning of May 2023. The A Day Interconnected by Divinity program began with the idea of somehow sharing the kind of awareness we have within ourselves.

The New Year started a few days ago, and now that we've actually entered 2025, I think to myself, "It's really come the time."

By "time has come" I mean that we have entered an age where we live our lives expressing divinity as a matter of course, acting and speaking with divine thoughts.

So, on Saturday nights, basically on Saturday nights, I'm thinking of changing the program from the internal talk program, "A Day Connected by Divinity," that we've been doing, to a program that will make the awareness of actually being connected to nature, to all living things, to people all over the world, more certain.

So tonight, I'm going to step back and let people like Nagano-san, Nakamichi-san and Gyouten-san, who are here now, take the lead in the A Day Connected by Divinity program.

As for the programs with an internal focus, I think we should limit it to study sessions from now on. We don't need to have so many meetings anymore. We've already reached the stage of actually doing it and making it visible.

In your daily life, every moment, every second, what kind of awareness are you in? You should carefully observe what kind of thoughts go through your mind. The thoughts that go through your mind are thoughts that you are thinking even though you are not trying to think them. You should continue to observe this with your own awareness, which is observing from the depths of your life.

As you continue to observe the surface self in this way, seeing it as "this is a prejudice," "this is a fixation," "this is an attachment," you can say, "Thank you, guardian spirits, for making me aware of this. This is not the real me, so please take it away. By continuing to do this and saying, "May there be peace on earth. May our heavenly mission be fulfilled," you will be able to let go of your attachments, prejudices and obsessions.

In Byakko's words, "Think of it as disappearing and pray for world peace. If you spend every moment of every day, every second, every minute, every hour, every two hours, every three hours on the basis of the Prayer for World Peace, keeping it in your mind, the purification of your heart will progress more and more, and you will become more and more directly connected to the depths of life.

We are all already directly connected (or to be more precise, we have always been directly connected). Some of you may think, "No, SAITO-kun, you're wrong. I'm not directly connected." But you are.

You just don't feel it. You are already directly connected, but there is just a time lag. It's just a time lag or a time difference until you have a superficial realization that "this is how it is.

Some people may realize it now. Some people may realize it today. Some people may realize it tomorrow. Some people may realize it in a month. Some people may realize it in six months. Some people may realize it in a year or a year and a half, maybe by the end of the year.

I think you all will deepen their awareness of the fact that you have communicated directly with the Depth of Life (Universal God) during the course of this year.

What I always think is, "The time has come for everyone to achieve enlightenment. I really believe that.

We are not living in an era like the Showa era, where only a few people can become one with God.

In the Showa era, there was no choice. Everyone was someone who thought, "Goi-sensei, please help me. But now we may call out "Goi-sensei" when we are in pain, suffering, or distress, but basically I think there are many people who live with a single-minded focus on only gratitude.

I think everyone is already in a state where they are able, or in the process of being able, to help themselves, to nourish themselves, to refine themselves, to improve themselves.

The depth of this awareness is not a problem for the gods. We are being watched from Heaven to see if we are truly living each moment of our lives with sincerity and making the most of our lives.

The people from space are also watching us, as well as the people from the Great Light of Salvation. When they see us from the other side and think, "If this person takes one more step forward, he will improve a lot," they send down a very strong light. When that happens, we are all lifted up at once.

But if you don't make any effort or do anything, and you just wait for the mochi to fall off the shelf, the mochi won't fall off the shelf, and the opportunity to be lifted up won't come.

If you want to be like that, you have to act, like reaching out or going there. If you act, you will definitely become that way.

This is a bit of a digression, but there is something called the Principle of Cause and Effect (Kain-setsu). In simple terms, the Principle of Effect and Cause (Kain-setsu) is a theory that says if you throw your hopes and ideals for how you want to be in the future into the future, they will flow back to you from the future and come close to you.

I'm a bit of a logical person, so I wondered what state of mind you have to be in to make that happen. While I was thinking about it, I didn't understand it at all. Only in recent years have I realized that this is the principle of cause and effect (Kain-setsu).

I want to be like that in the future. For example, if you think you want to be like this in a year, when you observe your own actions, you take the actions you need to take to make that happen. You are making the effort to become that person.

This is how the dreams and ideals you have imagined become a reality for you and become a part of your reality.

If you just imagine "I wish this would happen" or "I wish that would happen" and then stop, unfortunately that hope will not connect with your reality.

It means that one is always in a state of hope, or in other words, one is waiting with one's fingers crossed. So, it's like going up a flight of stairs. Step by step, or for example, if there's a distance of 800 meters to go to the park, then you walk that 800-meter distance step by step. Some people might ride a bike, some people might drive a car, but I think the most important thing is to actually move your body and your mind there.

I think it was in 1962. There is a story about when Lao-tzu descended into Goi-sensei's body, and Goi-sensei's speech changed completely, becoming very harsh and strict.

I think this story was written in the book "When the Soul Opens Wide," which is a book that contains many stories from that time.

At that time, from 1962 to 1963, the earth was in danger of a third world war, the Cuban missile crisis. In Hakko, the CWLP Goji Research Institute was established on June 1, 1962, and it was at that time that activities began to bring the science of Venus to Earth in cooperation with extraterrestrials and to make Earth a star in perfect harmony.

At that time, I don't remember everything Lao-tzu said through Goi-sensei's body, but what I remember well and sometimes think about is that stern voice saying, "You must do it! You have to do it! What else is there to do but do it!"

After that he said, "We don't want people who just mope around and mope around without doing anything!"

I believe that the meaning is in trying, no matter what the effort.

Even things that seem to us to be of little significance to the gods and aliens with whom we have little connection, and that we wonder "what is that person doing?" are always meaningful to our experiences. There is no such thing as failure.

"Failure" is a reality that only appears to those who believe they have failed. In other words, "failure" is an illusion created by those who believe they have failed. So if you don't think you have failed, there is no such thing as failure.

More than 10 years ago, I lived my life full of regrets. There was a time when I was constantly thinking, "If only I had done it this way back then," "I wish I hadn't made this decision back then," "I should have done it that way," and so on and so forth.

But when you're in that kind of situation, you're not going into the future. If you think of it in terms of walking down a road, you're standing still with your back to the future. In fact, you're walking backwards, toward the past. That's not the way to create a bright future.

But I think the people here today have all come out of that stage and are now people who have nothing but hope for the future and bright thoughts.

I'm always very excited about life. But I try not to show it on the surface. Because if I tried to share my excitement with ordinary people, they might think I was crazy. It's because the content is something that could be seen as crazy.

The reason I'm so excited is because I think it's only natural that the time is almost here when we will interact with other planets like Venus, Mars, Mercury, Jupiter, Saturn and other planets outside our solar system that are already in a higher spiritual civilization.

But before that happens, there may be a pain that tries to put the dislocated bones back in place, and this may appear in the fate of the human race on Earth. We don't know how big it will be. It may be like what has happened to the Earth many times in the past, where all the land sinks to the bottom of the ocean and a new land arises, or a meteorite may fall, or there may be a third world war, and there are many different future world lines at the moment.

Which future we bring down to our reality depends on what each of us, living in the present, thinks, says and does in each moment.

So, if we live each moment, each second, with thoughts, words, and actions that would make the Guardian Spirits and Guardian Deities or the Great Light of Salvation and the Angels of the Universe think, "With these people, everything will be fine," a bright future will come, a time when everyone will live in harmony and without conflict. There will be no more competition-based society, and people will wonder what war is, let alone when it was ever a thing.

I don't know if it will be three years, five years, ten years, twenty years, thirty years, fifty years from now, but I think that by grasping that kind of future and living in that kind of world in the present moment, we will pave the way for every single person in the world.

We are here now, and there are 40 of us, but I think if there are 40 of us, there are 40 different personalities, characters, and dispositions. The backgrounds and backbones of our lives and our pasts are also different. If you go back to our past lives, they are even more different. There is no one who is the same as another.

There are many people in the world with characteristics similar to ours, but our experience of divinity reawakening will help them reawaken their divinity.

For example, if a short-tempered person achieves Divine Awakening, it will pave the way for short-tempered people all over the world. If a person who is prone to illness can free himself from his illness and adopt a positive, grateful attitude, it will pave the way for people in the same situation all over the world to live a positive, Divinity-Reawakened life.

So each and every one of us is truly important and a precious existence. I have often wondered how the members of the Great Light of Salvation and the Angels of the Universe see us as we live, pray and do the IN in this physical body world.

Was it at the end of last year? When I ask this kind of question, the answer comes before I finish asking it, or it comes down or flashes into my mind, but if I were to express it in one word, it would be "treasure".

Because they are such important people Goi-sensei sometimes speaks through Masami-sensei's body and says, "If you are not happy, who will be happy? I will not leave you without making you happy. I will definitely make you happy. Because you have been praying for the Prayer for World Peace for many years and decades, and you have been doing the Divine Spark IN.

We are really being taken care of. We are protected by a shield of light.

So even if someone has malicious intentions toward us, it doesn't hurt our hearts. If it hurts, it's because the Guardian Spirits see it as a good opportunity to expose and eliminate that belief and that stubborn nature in that child.

Also, as Goi-sensei has been saying for a long time, I think the idea of "not being bound" will become the natural way of thinking in the new era to come.

Not being bound, not making assumptions, not being attached, not being obsessed. It's like a stream flowing smoothly and gently through your heart, and you can just let your thoughts float down that stream on a bamboo raft or something and let them flow smoothly away.

If you do that, your feelings won't stay in your heart forever, and you won't have any regrets. However, I think that even if you try not to think about it, there will always be the problem of your family members being in front of you all the time, so it's not easy to avoid thinking about it. However, if you think of the person who is closest to you and who is best suited to do the passing away as being in front of you, and if you think of it as a practice, then I think your attachment will gradually disappear.

A few months ago, or maybe a month ago, I had the opportunity to hear the story of a woman who had overcome her feelings of resentment towards her husband. I think that's wonderful. I thought it was amazing. I wonder how much effort she put in...

Even if you're in a situation where nothing seems to be working, no matter how hard you try. You're thinking, "Nothing's working, nothing's working, nothing's working, I wonder how I'm going to make it work," if you don't give up on the idea that a bright future is coming, there will come a time when the Guardian Deities and Spirits will give you a great light and say, "You've worked so hard, now it's Okay."

When that happens, the situation will change all of a sudden. Will your feelings for the person in front of you change? Will you end up divorcing the person in front of you? Will another, new person appear in front of you? There is no rule that says you have to do it this way, but I think you will start to see new developments in some form or another.

Yes. Then I think we should end today like this. In the first half of today's lesson, we had a public rehearsal of the new method, and we tried to shorten the part where we close our eyes and pray to 7 seconds, but it didn't make much difference and it didn't shorten the time, so we talked about keeping the speed of the IN at the previous 4-second pace and keeping the prayer time at 7 seconds, so that if we started speaking at 8:58, for example, we would finish at 9:32 or 9:33. (There have been some changes since then).

I want to do the final IN three times. I want to do it three times at a pace of four seconds. "KOGA-san, I want you to count." "Yes, I understand."

<Divine Spark IN x 3 times>.

"The Divinity of Humanity has reawakened. Dai-jouju. Jinrui no Shinsei-Fukkatsu, Dai-Jouju."

Thank you very much. Then I think we'll finish the first study session for 2025. Nagano-san, Gyouten-san and Kamata-san and Koga-san, thank you very much for your cooperation.

Then, I'll turn on the microphones for everyone. Thank you very much. That concludes today's study session. Thank you very much.

That's all.